



THE MASSEUR

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American Massage & Therapy Association

FORMERLY THE AMERICAN ASSOCIATION
OF MASSEURS & MASSEUSES

OFFICIAL BULLETIN

JULY - AUGUST 1960

DECATUR, ILLINOIS

ALL ROADS LEAD TO CHICAGO

CONVENTION NEWS

1960 convention!

By the time you read this I hope you are all packed and ready for the national convention. This could be the big event of your life in the Practice of Massage Therapy. We have planned every thing for your education, entertainment, inspiration. It should be informative and stimulating, lasting a life time. Besides all that, you will have a good time, meet old friends, and make new ones. Learn new techniques and teach yours to others. This will be our 15th national convention. We have been from east to west and are going down in history as one of the nicest, well behaved groups that has ever graced the lobbies of some of the finest hotels in the nation. So join us this year at the Pick-Congress Hotel in Chicago and have the time of your life, August 4-5-6- & 7th. So here is hoping we will see each other in a few days. Remember Chicago is the convention city of the world and if you can arrange to stay over a few days you can have yourself a time to remember.

NEWS ITEM

I was contacted by two railroads and one airline about transportation to our national convention. United Airlines called me by phone wanting data and possible passenger list so I sent them a 1960 registry. Also the Great Northern R.R. called. The Union Pacific wrote a very nice letter and agreed to destroy the registry after using it. I ask the other two companies to do likewise.

Editor

one of those figures that is going to make old age wait.

Editor.

PRESIDENT'S REPORT

This will be a short report. I will make a very detailed report at the National Convention. So come to the Convention.

It has been a good year. Interest has been shown in many quarters. Increase in membership has been most gratifying. Committees have functioned better than in previous years.

I have answered every letter that I have received from any source except one. I received one nice letter that somehow was misplaced and I did not have the address of the sender. I have written to many prospective members and received some applications with checks.

I have personally been responsible for 6 new members. I have aided as many States as needed aid in the past year.

We have one new State Chapter, Missouri, with 15 new members. We have lost no State Chapters

BLANDIE DID IT AGAIN

Last week I received a letter and program from Blanford Jones, Penn. member and national director of our association. He was in Kansas City, Missouri attending the National Athletic Trainers Association convention. Rubbing elbows with some of the nation's leading University athletic trainers and educators.

Blandy never fails to attend this convention regardless of where it is held. This way he keeps abreast of the times and events. Also keeps him enthused and will be

THE MASSEUR

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(Continued from Page 1)

during 1959-60.

We now have a member in New Mexico. A member who has promised to build a Chapter in that State.

We have worked hard to get our Registry registered in Washington, D.C., so that all members will be protected. Full discussion of this will be held before the members



GEORGE D. GAMMON

in Convention.

We have helped settle differences of personal nature in several States and can report that as far as we know harmony exists in our entire ranks.

In closing my report let me give a stern warning to all to get Legislation as soon as possible and to protect what Legislation you already have. We are being persecuted and we must stand together and win. Enlist every possible means of support for our so grand a profession. See you at the Convention.

FLUORIDATION BASIS SHATTERED

Historic Event Escapes Press Notice

When Dr. H. Trendley Dean, "Father of Fluoridation," was cross-questioned on May 13, in the injunction proceedings to halt fluoridation of Chicago's water, the entire "scientific basis" of water fluoridation was shattered. This is the report of Dr. F. B. Exner, Seattle radiologist, who was in Chicago to help Kirkpatrick Dilling with the questioning.

The direct testimony of Dr. Dean had been heard on Tuesday, May 10, before Mayer Goldberg, master in chancery hearing the evidence. Dr. Dean's cross-examination, which lasted all day Friday, began in Master Goldberg's

crowded office, and adjourned at noon to the court-room of Judge Bicek.

No reporters were present, and Dr. Dean's testimony which cut the ground completely from under the entire fluoridation promotion, went without notice from Chicago's new media and the nation's press.

The "Fluoride-dental caries hypothesis" which led to fluoridation experiments at Grand Rapids, Michigan, Newburgh, New York, Brantford, Ontario, and elsewhere, and the claims that fluoridation is "safe," have been based on studies by Dr. Dean and his co-workers. These carried out prior to 1941, while Dr. Dean was an officer in the (U.S.) Public Health Service.

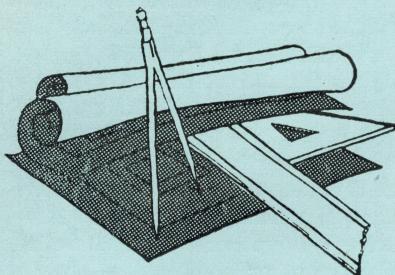
The May 13th testimony of Dr. Dean revealed for all to see, the errors, the shortcomings, and the fallacies in these basic studies; and confirms in detail the charges which have been brought by the leading opponents of fluoridation. Particularly, it confirms the analysis by Dr. Exner in his chapter of the book "**The American Fluoridation Experiment**".

According to Dr. Exner, "There will be some mighty red faces in very high places when this testimony is published. Those who have accepted fluoridation on faith from the Public Service, and their names and prestige to its promotion, will have some tall explaining to do."

Dr. Dean's complete testimony, with forward and annotations by Dr. Exner, will be published as a separate pamphlet by Devin-Adair (New York), and will also appear as an appended chapter in the new printing of **The American Fluoridation Experiment**, which is now due.

The American Dental Association, a chief promoter of fluoridation, is already aware of this testimony, Mr. Bernard J. Conway, representing the A.D.A. has been assisting City Attorney Kafka, of Chicago, in the defense of the case and was present during the testimony.

DESIGN FOR LIVING



CONCENTRATE...

The individual has this situation within his own grasp. But how is he going to approach this in a practical way? We know, for example, that if a person is sincerely desirous of solving a problem, trying to think something through, organize and integrate his resources, he usually would like to get off by himself for a moment and keep quiet. When a feeling of deep sublimity or solemnity comes upon us, when we seek the innermost in things one of our most natural gestures is to close our eyes. Instinctively, we associate confusion with some kind of a factor dangerous to ourselves and disintegrating to our true value in life.

Back in the middle ages, there were groups of mystics who were called quietists. These quietists came to the simple conclusion that one of the most important things in the world is to learn to be still, and that the cultivation of quietude is not merely the individual falling into a negative hole in the dark. We are inclined to the Biblical admonition, "Be still and know that I am God." Now stillness or quietude is a very interesting thing. We have legends and stories about it from the Sufis of the Near East, and the strange quietists, reverse the polarization of his own conduct: that the great trouble with him is own continuous noise—not only the noise of those around him but the noise of the individual who is continually disturbed by the conflict of his own thoughts and emotions.

He should enter not into a place of merchandise, but into a place of peace, and if he has not that peace within himself he has no security, and if he has that peace nothing on earth can take security from him because, in the life of every human being, God and that human being will always constitute a majority.

A man must find his strength on the inside, and he must find it as nature intended him to find it. And as the struggle grows more difficult and the penalties of failure grow more obvious, it is simply nature insisting that we learn, refusing to give up the ageless effort to make us understand the source of values, to understand that the great truths of things lie in their hearts, lie in the source of themselves, and that peace for man lies within the organization and integration of his own psychic life. When this is in order, he not only finds peace, but he can bestow it upon others—for he can never get a happiness he does not possess.

Quietude, the gradual clearing of perception, the recognition that unselfishness is superior to selfishness—not by formula, not by a theology, but by a scientific fact of experience. That as long as we break the law we will be under the burden of its pain and penalty. But when we keep the law it will keep us. And by becoming a little more aware of an internal which is also an **eternal** in our conduct, in our patterns of existence, we can begin to know the meaning of security. We can begin to realize that as our own false values become less powerful and our own true values become more real, that we shall escape from the narrow little squirrel cage of what we now consider to be important business. Again the important business of man is the attainment of a condition within himself in which he is of the greatest use to himself and the greatest use to others. And the only way in which he can attain this is when he becomes an instrument in the hands of uni-

versal law. The law, moving through him, doeth the works, and it is the power within man, moving through him, that will not only preserve him, but will save his world. We are the hands and feet of this infinite power, and until the hands and the feet are dedicated to the labor of that power, there will be no peace in this world, nor in us. It is not a problem of theology it is a problem that psychology is bringing home to us every day—the simple fact that we punished forever and continuously for our own failure to be the person we should be. It is not impossible for us to attain this end: there are many, many roads that lead there; many great and noble examples show us the way we can go; and if we will begin to estimate values, and estimate clearly, we will find the way in which these things can be done.

People come much to me, seeking help for their problems, seeking to find some answer to the relevant emergencies of their own thinking. Working with these people over 20 years, I am convinced of certain principles that are unchanging as I watch these people come and go. I've seen what happened when they changed and what happened when they did not change. And I am convinced and most devoutly certain in my own heart and soul that each human being not only has a noble destiny which is attainable to him, but he has a sovereign labor to perform and he is here for a reason—and that reason is to **release God through himself**.

Dr. Chas. W. Brooks

ATTENTION

The National Secy. Treas. has on hand a number of Dr. Briggs' 12 page booklet on The Therapeutic Value of Massage. This valuable booklet explains the 3 major systems and how massage aids the body in carrying out their functions. Your patients will enjoy reading them and will even ask to take them home. 10 copies for \$2.00 postpaid.

MASSAGE URGED FOR HEART ILLS AS THERAPISTS MEET

The American Massage and Therapy Tri-State Convention concluded its two-day stay here with a luncheon Sunday afternoon at the Oaks Inn. About 40 registered massage therapists from Massachusetts, New Hampshire and Rhode Island attended.

Dr. Howard P. Kennedy, chief of the Springfield Hospital cardiac clinic, was keynote speaker at the luncheon. In his talk, "Living with heart disease," he prescribed massage therapy in certain types of heart ailments to stimulate circulation and promote muscle tone.

The therapists also viewed a film entitled "Red river of life," which showed, among other things, scenes from inside the beating heart. They were informed that the technical triumph of this unusual movie represented more than four years of intensive research.

In a short business meeting, conducted by Mrs. Florence A. Laws, the following local delegates were chosen to attend the national massage and therapy convention in Chicago later this summer: Mrs. Thelma G. Kinsman of Springfield, Mrs. Eleanor Jacobson of Wilbraham, and Felix LaBonte of South Hadley Falls.

NEW ENGLAND TRI-STATE CONVENTION

Massachusetts, Rhode Island and New Hampshire held the Tri-State convention at Oaks Inn, Springfield, Massachusetts, on May 14-15, 1960. Florence Laws and Felix LaBonte acted as co-chairman, but since Florence has her office in Springfield it was natural that the largest part of the arranging fell on her busy shoulders, and a good job she did in spite of mix ups that go with a convention. Hats off to Virginia George for the fine work with registrations and keeping of the books. Greetings were

extended from Alice Smith President of the Rhode Island chapter, with Ida Thorson giving the invocation. President Henry A. LaFleur then opened the meeting.

We were indeed privileged to hear Howard P. Kennedy, M.D. Chief of the Springfield hospital cardiac clinic. In his talk on "Living With Your Heart," prescribed massage as beneficial in certain heart ailments. In some heart conditions he said to let nature take its course for even an M.D. has to stand by helpless. The film "Red River of Life," followed and watched with great interest as the instrument used to record inside the beating heart was made at Foxboro, Massachusetts (next to Walpole) at the Foxboro Company.

On Saturday night Ann B. White bowled the audience over with her interpretation of a Yogi Beatnic dance, using the yogi exercises with a beat, just picture her in black tights if you can.

ILLINOIS

Illinois Chapter held its June meeting in Peoria June 5, with members from Indiana, Iowa and Wisconsin as guests. We hashed over the last minute plans for the convention until the wee hours of Saturday night at the hotel Jefferson then started again early Sunday morning at Jean Wells' place. Jean has a real nice place of business and was a very congenial host.

After lunch we took up the regular chapter business. Elected new officers for the coming year. A motion was passed to allow the secy. treas. to have the services of a typist whenever she deemed it necessary.

This was one of the best attended chapter meetings for some time and we the officers wish to thank all who attended. I honestly believe this chapter can grow and become one of the best in the organization if the members will keep up the present interest.

Members and guests present were: Mr. and Mrs. Wm. Howells,

Canton; Mr. and Mrs. Fenton Davis, Lacon; Kenneth Ried, Pequin; Lamar Brown, Toledo; Ray Campbell, Olney; Jean Wells, Peoria; Martin Weinrich, Maywood; Richard Frysinger, Moline; Dorothy Blyes, Moline; Chas. Brooks, Decatur; Arthur Melson, Joliet; Marie Gldwacki, Chicago; Irene Knusta, Chicago; Richard Frysinger's brother and Dorothy Blyes' mother.

Our guest speaker was Elmer Murdock, a Peoria business man. The next meeting will be held in Joliet Oct. 2nd, Arthur Melson will be host.

The new officers are the same with the exception of the vice president. Dr. Chas. Brooks, President; Martin Weinrich, Vice President; Hazel Davis, Secy. Treas.; Directors, Mary Howells, A. Jean Wells, Lamar Brown, Arthur Melson, Kenneth Ried.

PENNSYLVANIA

This chapter is on the ball. They have enrolled several new members and their meetings are well attended. Twelve members and four guests at their last meeting. The total enrollment is sixteen. They pledge to double the present membership by the end of the year. Right now they are planning a clinic to be held in Allentown October 16. Blandie Jones is chairman and getting the speakers and program all lined up.

MISSOURI

Missouri chapter AMTA met June 19, 1960 at the Memorial Hall in Liberty, Mo.

President J. J. Ray called the meeting to order. Minutes of last meeting read and approved. We have 15 paid up members. Application blanks were asked for by 2 visitors. We expect more new members in the near future.

We had 11 members and 12 visitors present. Pres. Ray and Vice Pres. Burns each gave short talks on advantages of being members of AMTA.

Catherine R. Adams, Sec.-Treas.

Kansas chapter AMTA gave a short inspiring talk on AMTA and its benefits. She then introduced Bertha M. Urban of Ewing, Nebr., a member of Nebr. chapter AMTA. Mrs. Urban gave a most wonderful lecture and demonstration of her Nerve-Theory.

Refreshments were prepared and served by Mrs. W. L. Hodgson, assisted by daughter Peggy and Mrs. J. J. Ray.

Missouri chapter was organized March 1960. We enjoyed a visit from Mr. S. G. Dahlgren Nat. Sec.-Treas. He gave us worlds of inspiring information. We sincerely enjoyed his visit.

Lena J. Weber invited the Mo. chapter to St. Louis, Mo., for a September meeting. Plans are being made for a one day Seminar and meeting.

Meeting adjourned at 4:30 p.m.

W. L. Hodgson

MILK, CREAM ULCER DIET AFFECTS HEART

By Earl Ubell

N.Y. Herald Tribune News Service

Miami Beach, Fla., June 17—When a physician pours milk and cream into a victim of stomach ulcers to relieve the symptoms, he may be setting up his patient for a heart attack.

A team of Detroit physicians warned the closing sessions of the American Medical Association's annual meeting Thursday that it could no longer ignore the weight of evidence, even in the absence of absolute proof.

Their whole case rests on the increasing evidence that diets high in fat—particularly animal fats—speed up the formation of fat deposits in the arteries of the body. When the fat is laid down in the coronary artery feeding the heart, the patient stands to suffer a heart attack if the artery is clogged.

The Detroit group has taken as the hallmark of fatty artery formation the measurement of cholesterol—a fatty substance in the blood. Numerous studies have shown that individuals with large amount of cholesterol in the blood have the greatest risk of heart attack.

They made the measurements in persons fed the Sippy diet, invented 40 years ago by Bertram W. Sippy, and which includes hourly feeding of half-milk, half-cream. In such diets, widely used throughout the country—more than three-quarters of the calories come from fat.

Within two weeks the blood cholesterol in half the patients shot up to levels twice normal and even when the milk-cream regimen was discontinued, the cholesterol level remained high.

In their new diet, the Detroit physicians have cut out the cream, substituted skim milk for ordinary milk and used lean meats and fish. They have even invented their own "cream" which consists of one cup skim milk and four tablespoons of

corn oil, all beaten together with an electric beater.

The effect of all this is to reduce the proportion of animal fats in the diet relative to the vegetable fats. Patients put on this diet soon have their cholesterol levels lowered, while the symptoms of ulcers were quieted, as with the Sippy diet.

The doctors recommended their diet, in which less than half the calories come from fat, for ulcer patients who also have a history of heart disease, who have a blood relative with heart trouble, who have persistently high cholesterol blood levels, or whose blood levels begin to rise on Sippy diets.

We Are Dreamers All

Some people say writers are dreamers;

I contend we are dreamers all.
Were it not for someone's dreams,
How could our buildings be so tall?

Had we no dreams, no trains
would run,
No planes fly through the air;
No ribbons or prizes would be won
By folks at the county fair.

Had we no dream of children's
laughter,
How lonely our life would be;
No dream of a blessed home
hereafter,
Like a ship without a rudder we'd be.

Were it not for the dream of our
father Above,
'twould surely be much worse,
There'd be no one to share his
love;
In fact, there'd be no universe.

Should someone point to you and
say
There goes one who dreams each
day,
Don't feel bad, just nod and smile
If the dreams you've had were the
kind worth while.

By Howard Setty.

in LOW BACK PAIN . . .
FAST RELIEF (48 - 96 hours)
with Clinically Established
PRO-NUCLON

High MANGANESE^{1,3}, Vitamin C Complex², with Calcium and Vitamin D therapy . . .

PRO-NUCLON restores naturally, body tissues mineral balance. It provides elasticity of ligaments and muscles—eliminates spasticity by building up intra-cellular cement. Many cases relieved in 48-96 hours. Manganese activates 4 known enzymes—among which are the blood phosphatases.

Each PRO-NUCLON tablet provides:

130 mg. Manganese Gluconate, 30 mg. Vitamin C, 1700 USP units Vitamin D plus 9 other important synergists.

List price: Bottles of 90 tablets—\$4.00
270—\$11.00 500—\$19.00

Write for Catalog



Why is there never enough time to do it right!

But always enough time to do it over.

MINUTES OF THE INDIANA STATE CONVENTION OF 1960

Held at the Severin Hotel,
Indianapolis, Ind., May 14th-15th

Saturday morning, May 14th, the Oak Room of the Severin was as active as a bee hive, as the members and guests of AM&TA began registering in, about 9:00 a.m.

10:00 a.m. Invocation by our Chaplain, Dr. Lily Lewellen.

10:10 a.m. President Stoller officially opened the Convention extending his welcome to all. He also had each person present stand and introduce themselves that we might all be better acquainted.

10:30 a.m. Lowell M. Spangle spoke on advanced Massage Therapy in our practice.

11:00 a.m. M. Ruth Vinson of Indianapolis spoke on complete nourishing foods.

11:45 a.m. Our exhibitors were introduced by Bessie E. Erfurth, Exhibit Supervisor.

12:00 Noon. Recessed for lunch.

1:30 p.m. Dr. Otis J. Briggs gave a talk on Therapeutic Reactions in the Body.

2:15 p.m. - 2:45 p.m. Recessed to visit exhibitors.

2:45 p.m. Mr. O. J. Tracey of Chicago spoke on the therapeutic effects of Colon Therapy, Ultra Sound and Low Voltage electric treatments.

3:30 p.m. Dr. Lily Lewellen of Fort Wayne spoke on Sleep Teaching and it's use in therapy work.

4:30 p.m. Recessed to visit with exhibitors.

7:00 p.m. We convened for a most enjoyable banquet. We enjoyed soothing music while dining after the banquet. Art Briese of Hot Springs, Ark., gave us a most enjoyable evening of mirth and laughter.

Sunday morning we all gathered in the Caribbean Room for friendly Hoosier Breakfast.

9:15 a.m. President Stoller called the meeting to order. Our Chaplain, Lily Lewellen led us in the

invocation. We followed through our regular business meeting and recessed at 11:15 a.m. to visit exhibitors and have our lunch. We reconvened at 1:30 p.m.

1:30 p.m. Mr. Larry J. Davis of Hazel Park, Mich., gave us a very interesting and instructive talk on "Bio Chemistry."

2:30 p.m. We recessed for half an hour to visit with exhibitors.

3:00 p.m. Dr. Charles W. Brooks of Decatur, Ill., President of the Illinois Chapter, gave us a very interesting and instructive talk on His Design for Living, which is always interesting and well received.

4:00 p.m. It was announced that our next meeting will be at the Severin, July 10, 1960. At that time we will have nomination of officers for the following year.

4:10 p.m. Dr. Brooks led us in our closing prayer and the most lively, enjoyable and instructive convention we ever had was brought to a fitting close. This was evidenced also by the satisfaction and goodwill which prevailed among the 126 members, guests and exhibitors present as we bid each other a friendly farewell.

Lowell M. Spangle.

FOR SALE: 40 page booklet by Alvena Fulton, giving Restorative Values of Foods for Health. Mailed postpaid \$1.00. "RADIANT HEALTH THROUGH NUTRITION". Write Dr. Otis J. Briggs, 214 E. St. Joseph Street, Indianapolis 2, Indiana.

OH, MY ACHIN' BACK

Brother, how's your old gluteus maximus? Hurtin'? Have you got a screaming sacroiliac, a demon disk or a painin' pelvis? Have you ever felt like you'd been run over by a tramway bus, mauled by a college football team and had your backbone run through a meat grinder with malice aforethought?

Have you ever reclined on your tummy and had your little woman massage your back with horse liniment, gin, turpentine or some of

the drugstore mixes? Chances are you've scalded your kidney area with hot water bottles, too. Well, if'n you've suffered any of these things—and there must be a couple million of us in this agony department—you're eligible for membership in a brand new organization dedicated in perpetuity to aiding the back sufferer.

So new is this organization that this is the first announcement. Up to this moment, intelligence on this vast new undertaking is limited to the third floor of The Denver Post building.

At Last, An Organization

It's this way: I pass a fellow on the street and he says "How're ya?" I walk over to him and say "My back aches to beat heck." He looks surprised and says "Aye, golly, so does mine!" This happens at least a dozen times a day. Everybody I know has got a worse back than I have. And nobody, but nobody, is doing a darn thing about it nationally. The aching back is about the only pain in the world that doesn't have a dues-paying organization supporting it.

There are organizations for just about every ailment known to man. But who gives a hoot about a fellow with a little old backache? Well, Fenwick does. Fenwick's back aches for the back sufferer and if you're a co-sufferer you're in like Fen.

There are no dues in this organization. No charter, either, no constitution, by-laws or officers. The purpose is simple—to encourage people to listen sympathetically to the complaints of back sufferers, to exchange information as to what other fellows have done to find relief and to get together through the mails and this department occasionally to compare notes. What's been your experience?

You Can Find Relief

The password of identification will be "Oh, my aching back." The countersign is "Ouch." If the brothers do accumulate any funds it will be permissible for them to assemble and, together, purchase

whatever pain killers may be deemed effective, and consume same on the spot.

As an initial service in this field of mercy, I'm happy to report that a number of my friends have found relief in some of the following methods: (A) Hanging from the family clothesline by the knees for one hour a day. At first this

may startle the neighbors and attract a crowd, but never mind. (B) Sleep on your wife's ironing board. (C) Join the French Foreign Legion and get shot. (D) Go down to the corner bar and do likewise. (T) Stand in water over your head for 15 minutes. One treatment will suffice. Ouch!—R. W. F.

Herewith is a list of approved schools as of March 15, 1960. We have asked for credentials from many other schools, but have not received them to date. If your school is not on this list please contact your National Secretary.

OREGON SCHOOL OF MASSAGE AND HYDROTHERAPY Class A
5215 N.E. 30th Avenue—Margaret E. Kobs, Dir. 600 hours

Portland, Oregon \$250.00 Tuition

DAYTON SCHOOL OF PHYSICAL THERAPY Class A

3 N. Williams St. 12 Mo. Residence
Dayton, Ohio.—Dr. R. H. Pedicord, Dir. Course \$300.00

PALMER'S COLLEGE OF SCIENTIFIC MASSAGE & THERAPY Class A
116½ Main St. 600 Hours
North Little Rock, Arkansas \$150.00

KELLBERG INST. OF SWEDISH MASSAGE & PHYSICAL THERAPY Class A
32 N. State St. \$125.00 Massage Course
Chicago 2, Ill. Colonic Irrigation Course \$60.00

COLLEGE OF MEDICAL EVANGELISTS Class A
312 N. Boyle Ave. 15 Months
Los Angeles, Calif. \$300.00

DE PALMA COLLEGE OF MASSAGE & PHYSICAL THERAPY Class B
P.O. Box 525 W. 19th St. \$125.00
Houston 8, Texas 300 hours

GREAT LAKES COLLEGE & CLINIC (MECHANOTHERAPY & MEDICAL MASSAGE) Class A
1900 Superior Ave. 744 hrs. plus 150 treatments
Cleveland 14, Ohio Tuition \$50.00 Mo.

DETROIT SCHOOL OF MASSAGE Class A
15139 Grand River 1000 Hrs.
Detroit 27, Michigan \$300.00

KANSAS CITY COLLEGE OF SWEDISH MASSAGE Class A
5502 Troost Ave. 1200 Hrs.
Kansas City 10, Mo. \$375.00—Less 10% for cash 30 days.
Time Payments carry 6%

COLUMBIA UNIVERSITY DEPT. OF PHYSICAL THERAPY Class A
630 W. 168th St. \$750.00 up
New York 32, N. Y. 1 & 2 Year Courses

UNIVERSITY OF NATURAL HEALING ART (PHYSICAL THERAPY) Class A
1075 Logan St. 4000 Hr.
Denver, Colorado \$40.00 Month

POMONA SCHOOL OF MASSAGE Class A
605 N. Garey Ave. Lloyd C. Allen, Dir. \$150.00
Pomona, Calif. 600 Hrs.

SCHOOL OF NEURO-THEOTHERAPY Class A
Box 341, Route 5 3 year course
Olympia, Washington 3560 hours

GEORGE SCHOOL OF MASSAGE Class A
231 Elmwood St. Virginia C. George, Dir. \$250.00
North Attleboro, Mass. 650 Hours

THE AMERICAN COLLEGE OF NATURAL HEALING ARTS Class A
P.O. Box 105 Dr. R. C. Cowan, Dir. 1200 Hours
Hutchinson, Kansas and up

OLSON MASSAGE SYSTEM SCHOOL Class A
3420 W. 10th St. 600 to 1000 Hrs.
Indianapolis, Ind.

SAMUEL G. DAHLGREN
National Secretary-Treasurer

WHAT ARE FATHERS MADE OF?

By Paul Harvey

A father is a thing that is forced to endure childbirth without an anesthetic.

A father is a thing that growls when it feels good . . . and laughs very loud when it's scared half to death.

A father is sometimes accused of giving too much time to his business when the little ones are growing up.

That's partly fear, too.

Fathers are much more easily frightened than mothers.

A father never feels entirely worthy of the worship in a child's eyes.

He's never quite the hero his daughter thinks . . . never quite the man his son believes him to be . . . and this worries him, sometimes.

So he works too hard to try and smooth the rough places in the road for those of his own who will follow him.

A father is a thing that gets very angry when the first school grades aren't as good as he thinks they should be.

He scolds his son . . . though he knows it's the teacher's fault.

A father is a thing that goes away to war, sometimes . . .

And learns to swear and shoot and spit through his teeth and would run the other way except that this war is part of his only important job in life . . . which is making the world better for his child than it has been for him.

Fathers grow old faster than people.

Because they, in other wars, have to stand at the train station and wave goodbye to the uniform that climbs aboard . . .

And while mothers can cry where it shows . . .

Fathers have to stand there and beam outside . . . and die inside.

Fathers have very stout hearts, so they have to be broken sometimes or no one would know what's inside.

Fathers are what give daugh-

ters away to the other men who aren't nearly good enough . . . so they can have grandchildren that are smarter than anybody's.

Fathers fight dragons . . . almost daily.

They hurry away from the breakfast table . . .

Off to the arena which is sometimes called an office or workshop . . .

There, with calloused, practiced hands they tackle the dragon with three heads . . .

Weariness, Work, and Monotony. And they never quite win the fight but they never give up.

Knights in shining armor . . .

Fathers in shiny trousers . . . there's little difference . . .

As they march away to work each workday.

Fathers make bets with insurance companies about who'll live the longest.

Though they know the odds they keep right on betting . . .

Even as the odds get higher and higher . . . they keep right on betting . . . more and more.

And one day they lose.

But fathers enjoy an earthly



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immortality . . . and the bet's paid off to the part of him he leaves behind.

I don't know . . . where fathers go . . . when they die.

But I've an idea that after a good rest . . . wherever it is . . . he won't be happy unless there's work to do.

He won't just sit on a cloud and wait for the girl he's loved and the children she bore . . .

He'll be busy there, too . . . repairing the stairs, oiling the gates . . . improving the streets . . . smoothing the way.

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